

Central High School



November 2016

Lanc Sellden, Principal | Randy Powell, AP | Lynn Schuett, AP | Tracy Arledge, AP | David Neal, AP | Shawn Marsh, Admin Liaison

Important Dates

Warrior Winter Running Club

October 31st through February 25th, 2016
Daily at 3:15pm
Room 109

WarBlades' Fencing Tournament

November 19, 2016
8:00 – 2:00 @ CHS Cafe

The Musical Comedy murders of 1940

November 4th @ 7pm
November 5th @ 7pm
November 6th @ 7pm
@ Tawasi Theatre

Auditions for High School Musical!

November 15th-
November 18th
3:15-6:00pm
@ Auditorium and choir room

Girls Basketball Season

November 11th, 2016
3:30 Main Gym

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A Message From Principal Lanc Sellden

“High school is hard.” I have heard this statement from hundreds of students over my sixteen years in education. My response is always the same, “I certainly hope so. If it wasn’t hard, you wouldn’t need it.” The resounding question within this student’s statement is, what should hard mean? For the staff at Central, “hard” means challenging both socially and academically. Using the term challenging means that we truly believe that completing and excelling in high school is within the grasp of any student.

High school is socially challenging because students are faced with a myriad of issues they may have never had to face before, and each student is trying to find his or her own path through a truly confusing time. New responsibilities, freedoms, and situations are exciting, but knowing that choices made today could drastically affect the rest of their lives makes this time even more emotionally challenging.

Academically, my expectation is that every student is challenged every day. For some students, this is the first time they have felt overwhelmed with the workload. As our unprecedented growth in students challenging themselves by taking AP (Advanced Placement) or other higher level courses continues to grow, so does the number of students who feel they are unprepared for such a challenge. I want our students to feel overwhelmed from time to time and gain the tools to fight through these struggles when they are supported by families and teachers, instead of later in life when they may be alone and unprepared.

For some of these students, the first response to feeling overwhelmed is to want to give up and take an “easier” path. This path will not prepare them to excel in their futures, but continue to look for the easier path. When I speak to past graduates, regardless of what they are doing later in life, I try to ask the question, “What could Central have done to better prepare you?” Almost all students answer the same, “Make me take more, tougher classes.” This is a continual affirmation for the need to increase rigor in every classroom and push students to stretch themselves academically. If I am ever told that our classes or school are too hard, I believe the opposite is much worse.

How can you support the goal of increased rigor at Central? Push your students to take hard classes and challenge themselves (yes, especially their senior year); help them to advocate for themselves when they are struggling; don’t let them give up, but keep encouraging them that they can do it. If they hear the same message over and over, they will not just believe it and succeed, they will excel.

Lanc Sellden, Principal

Teen Read Week Bookmark Design Contest Winners

The Third Annual Bookmark Contest for Teen Read Week wrapped up in the Library the week after fall break. During that week, all bookmark design entries were hung in the library. Students and staff voted on their favorites throughout the week. The winner of the contest was Shelby Brand with 'Polar Opposites.' She won a gift card to Hobby Lobby. The five runners up were Jayna Carpenter, Amber Hall, Savannah Ortiz, Kenya Langer, and Carlos Montes. Each of their entries will be printed and available in the Library. Congratulations to the winners, and thanks to all who participated!

Honor Orchestra

These CHS orchestra students auditioned for District 51 High School Honor Orchestra and were selected. Only the top string players in the Valley are accepted based on an audition. CHS had 16 make it in. Also Jason Fitzgerald and Sarah Payton made Western States Honor Orchestra in Greeley (held Nov 3-6). Only the top String players in the state are selected by audition. About 800 to 900 students from 3 states audition. So this is a BIG DEAL!!!! CHS Honor Orchestra Auditions

CHS Violins

1. Kevin Wong
2. Ruth Furukawa
3. Sarah Wilson
4. Jacqueline Mendoza
5. Prianna LaChance
6. Sarah Payton
7. Spencer Hurt

CHS Violas

1. Jason Fitzgerald
2. Jalyn Rodriguez-Alton

CHS Cellos

1. Atiera Kennick
2. Micah Belmont
3. Makay Beckstead

CHS Basses

1. Yazmin Gutierrez
2. Jaden Legg
3. Shelby Williams
4. Alayna Gilbert



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Girls' Basketball Season

Girls' basketball season starts November 11th @ 3:30pm in Central's Main Gym. All girls' interested in playing basketball are required to participate in three tryout sessions starting November 11th @ 3:30 - November 12th at 8am and 12pm. If interested in playing basketball this year, the CHS athletic department requires all student-athletes to complete the student athlete family ID form, found on the CHS athletics' website (Warrior HQ). Athletes must also have an up-to-date physical form submitted and pay an athletic fee through CHS budget or online. If you have any questions about girls' basketball season please contact Mary Doane @ Mary.Doane@d51schools.org During school girls' can come by room 104 for help with registration if needed.

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